

The NAR movement often uses "spiritual-sounding" justifications to keep people from leaving. These answers are designed to cut through the emotional manipulation and provide a clear, biblical exit path.

Frequently Asked Questions: Breaking the NAR Deception

1. "My church does so much good and the people are so loving. How can it be dangerous?"

Deception rarely starts with an overt evil; it starts with a subtle "shift." The NAR relies on a "Relational Model" to bypass your discernment. By creating a loving, high-energy environment, they build a "social debt" that makes you feel like a traitor if you question the theology. However, the Bible warns that even "ministers of righteousness" can be used to lead people astray (2 Corinthians 11:14-15). Love without Truth is not biblical love; it is emotional seduction.

2. "Shouldn't we just 'eat the meat and spit out the bones'?"

This is the most common excuse for staying in a compromised church. However, when the "bones" are foundational heresies—such as redefining the Gospel or the nature of Christ—the "meat" becomes poisoned. Scripture does not tell us to sift through darkness for crumbs of light; it tells us to **"have no fellowship with the unfruitful works of darkness, but rather expose them"** (Ephesians 5:11). If the foundation is NAR, the entire structure is unsafe.

3. "The music is so powerful and I feel God's presence. Isn't that proof?"

Feelings are not a reliable gauge for Truth. The NAR uses specific musical techniques—repetitive chord progressions, "spontaneous" singing, and atmospheric builds—to induce a trance-like state or an emotional "high." This is often mistaken for the Holy Spirit. Biblical worship is "in spirit and in **truth**" (John 4:24). If the music leads you into an emotional experience that contradicts or distracts from sound doctrine, it is a manipulation of the soul, not a move of the Spirit.

4. "The leaders say I have a 'Religious Spirit' because I'm being critical. Am I the problem?"

The term "Religious Spirit" is a defensive NAR weapon used to silence anyone who tests their teachings against Scripture (Acts 17:11). In the NAR, "religion" is defined as anything that questions "the new move of God." By labeling you as "religious," they effectively isolate you

and make you fear your own discernment. Remember: Jesus was not "critical" of the Pharisees because He was religious; He was critical because they replaced the Word of God with the traditions of men.

5. "What if I leave and I'm 'out of alignment' with God's blessing?"

This is "spiritual blackmail." The NAR teaches that your blessing, protection, and "anointing" flow through your "Apostolic Covering." This is a flat-out denial of the New Covenant. Your "covering" and your "alignment" are in **Jesus Christ alone**, who is our one Mediator (1 Timothy 2:5). Leaving an NAR church is not an act of rebellion; it is an act of obedience to the Lordship of Christ.

6. "Where do I go if I leave? Every church seems to be influenced by this."

It is true that the "spider's web" is vast, especially in hubs like Dallas. However, God always preserves a remnant. We recommend seeking out a church that holds to the **Sufficiency of Scripture**, practices expository preaching (verse-by-verse), and does not participate in NAR-affiliated music or networks. You may feel "blind and naked" for a season after leaving the high-energy NAR environment, but this is part of the "eye-salve" process of regaining true spiritual sight.

Advice for the Team

Researchers should monitor the "Comments" sections of NAR social media and local DFW church forums. When you see these specific excuses being made, use these FAQ points to draft targeted "Warning Bulletins."